



breakfast

housemade granola with mixed berries & shultz organic yoghurt **10**

two baked eggs in a clay dish with kale, field mushrooms, labne & dukka spice **14**

quinoa porridge cooked in coconut milk & lime with chia seeds, vanilla, honey, banana & cashews **10**

american blueberry pancakes with mascarpone, white chocolate shavings & maple syrup **14**

two poached eggs with raw super salad of shoots, sprouts, seeds & herbs with cottage cheese **15**

smashed avocado on toast with barrel aged crumbled feta, lemon, pepper & olive oil **14**
with egg/s **17**

two eggs cooked how you like with sour dough toast **11**

'carb free breakfast'

grilled tomato, spinach, mushrooms & two eggs how you like **17**

plain omelette **12**

spanish omelette **16**

full hot buffet breakfast **24**

espresso coffee & loose leaf teas not included in hot buffet breakfast

bakery selection choice of:

danishes, croissants, english muffins, crumpets, multigrain sour dough, light rye sour dough, white sour dough, gluten free loaf **5.5**

accompaniments

gypsy ham **4**

grilled smoked bacon **4**

grilled tomato **3.5**

italian sausages **4**

hash browns **3.5**

field mushrooms **3.5**

avocado **3.5**

petuna smoked salmon **4**

smokey baked beans **3.5**

sprouts, shoots, seeds & herbs **4**

sautéed kale **4**

beverages

daily energizer health juice **6**

juices: orange, grapefruit, pineapple or tomato **3.5**

coffee: espresso **4**

hot chocolate with marshmallows **4.5**

teas: english breakfast, earl grey, peppermint & chamomile **4**

at dish we only use free range eggs selected from our accredited egg farm